MEDICINAL PLANT NAMES
- SAMPLE EXCERPT-

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Introduction

This book is in two parts. Part I of this sample lists 81 of the 700 medicinal plants in the full book. These are followed by their botanical name, family name, foreign names, and other various names. Summaries of each medicinal plant are included for most of these plants.

Part II (page 18) will help find the common name of medicinal plants from an alternate name. This sample lists over 1100 of the 7930 names in the full book. Names including foreign, ethnic, alternate, botanical, and family names of medicinal plants are translated to the common name. The names are drawn from hundreds of books and other references from 35 different countries (see references page 41). Once a name has been translated into a common name, the common name can be looked up in Part I. In this electronic book, you may use the find feature (an icon like binoculars) to quickly go to any word or phrase.

Medicinal plants are now becoming more widely used by people all over the world. People understand the gentle strength of natural remedies. Doctors and scientists are validating the wisdom of traditional use. Because of the varied history of medicinal plants, the multitude of names has grown confusing. This cross-reference will help you to find the right plants. My hope is that this cross-reference will help people and professionals find medicinal plants that will heal.

In my 21 years of assembling a large database of alternative remedies I have often struggled with these names. It can take hours of research to learn if two different names belong to the same plant. Chinese names are especially difficult because of the different translations. For example, Dong Quai is known as Tang Kuei, Dan Gui, Dang Quai, Tang Kwei or Tang Kuei. The botanical name can be listed as Angelica Sinensis, Angelica Acutiloba, Angelica Polymorpha or Aralia Edulis. Even though some of these names may not use the latest terminology, to understand the texts that the references come from, the names need to be translated.

This name cross-reference is needed by doctors, sellers of medicinal plant products, nurses, librarians, researchers, schools, herbalists, and the public. One of the problems with traditional knowledge about medicinal plants is the lack of standardization of names. For most plants, there are many common names, foreign names, slang names, and alternate names. There is often more than one botanical name. Botanical family names help to differentiate between confusing common names.

This information was assembled from the master database, Natural Healing Solutions, available from www.NaturalHealthWizards.com. Although I do give a reference list in the back of this book, I recommend Natural Healing Solutions for its 122,000 detailed footnotes. The footnotes would make this volume unreadable and unwieldy if each were included.
Part I
Medicinal Plants and their Names

Paederia Foetida

PAEDERIA FOETIDA is known by the following names: Chinese Flower Plant, Gandha Bhadulia - Bengali, Gandhali - Hindi, Gundali - Hindi, King’s Tonic, Paederia Foetida, Prasarani - Sanskrit, Prasarni and Somraji - Sanskrit.

Palma Rosa Oil

PALMA ROSA OIL is known by the following names: Cymbopogon Martini, Mao Hsiang - China, Palma Rosa Oil and Palmaroza - Turkey.

Pansy

Summary: Pansy- Viola Tricolor- used as a remedy for epilepsy and asthma. Its properties are similar to the violet and it is considered to be beneficial in diseases of the heart and inflammation of the lungs and heart. Use caution as one author refers to it as poisonous. Major constituents: violine, mucilage, resin, sugar, salicylic acid and a bitter principle.

PANSY is known by the following names: Viola Tricolor. Field Pansy, Heartsease, Hercai Menekse - Turkey, Pansy, Pansy - Eurasia, Pansy - United States, Sansiki-sumire, Stiefmutterchen - Germany, Trinitaria - Spain, Viola Tricolor Arvensis, Viola Tricolor Vulgaris, Violaceae Family and Wild Pansy.

Parsley

Summary: Parsley- Petroselinum Sativum- native to the eastern Mediterranean. Part used: root, seeds and leaf. The seeds are most potent and used for promoting milk flow. Used as a natural diuretic, carminative, antiseptic, expectorant, antirheumatic and sedative. Valuable for spasms and as a mild laxative. The flavonoids of parsley are anti-inflammatory. Major constituents: starch, mucilage, sugar, volatile oil and apiin.

PARSLEY is known by the following names: Parsley, Petroselinum Sativum, Apiaceae/umbelliferae, Apium Petroselinum, Carrot Family, Carum Petroselinum, Garden Parsley, Madanos - Iraq, Petroselinum Sativm, Petroselinum Sp., Petroseillum Sativum, Rock Parsley and Umbelliferae Family.

Parsley Oil

PARSLEY OIL is known by the following names: Parsley Oil, Perejil - Spain, Petroselinum Hortense and Petroselinum Sativum.

Pashana Bheda
PASHANA BHEDA is known by the following names: Bergenia Ligulata, Pashana Bheda, Pashanbheda and Saxifragaceae Family.

**Passion Flower**

**Summary:** Passion Flower- Passiflora Incarnata- best used to help with sleep. If the fresh flowers are available, float them on water next to the bed for a wonderful sleep. A depressant to the motor side of the spinal cord. Slightly reduces arterial pressure while it increases the rate of respiration. Used to treat diarrhea, dysentery, neuralgia, sleeplessness and dysmenorrhea. Major constituents: passiflorine which is similar to morphine.

PASSION FLOWER is known by the following names: Passiflora Incarnata, Passion Flower. Caerulea, Carkifelek - Turkey, Charkhi Felek - Turkey, Maypop, Maypop - United States, Maypop Passionflower - Bermuda, Passiflora Quadrangularis, Passiflora Sp., Passifloraceae Family, Saat Gulu - Turkey, Ward Assaah - Iraq and Zahril Aalaam - Iraq.

**Patchouli**

**Summary:** Patchouli- Pogostemon Patchouli- used for diarrhea and nausea. Helpful with colds and fever. It causes loss of appetite, loss of sleep and can cause nervous attacks. Also used as an insect repellant. Major constituents: coerulein, stearoptene and cadinene.

PATCHOULI is known by the following names: Pogostemon Cablin. Agastache Rugosa Seu, Agastache Rugosus, Aromatic Bean Leaf, Herba Agastchis, Huoxiang, Kawa-midori, Korean Mint, Labiatae Family, Patchouli, Patchouly - Malaya, Sion and Sister-in-law’s Mint.

**Patchouli Oil**

PATCHOULI OIL is known by the following names: Indrannanes - Malaysia, Kattam - India, Labiatae Family, Patchouli Oil, Patyori, Pogostemon Patchouli, Puchaput - India and Sion.

**Pau D’arco**

**Summary:** Pau D’arco- Tabebuia Avellinada- a immune system enhancer, especially for fungus. Used to treat parasites, age spots, arthritis, cancer, eczema, fever, immune deficiency, inflammation and toxemia. An antibiotic, alterative, bitter, antifungal, antipyretic for fevers, astringent and digestive. Major constituents: sitosterol, lapachol and chrysophanic acid.

PAU D’ARCO is known by the following names: Pau D’arco, Tabebuia Avellanedae. Bignoniacea Family, Bigoneaceae Family, Ipe Roxo, Lapacho, N.o. Bignoneaceae, Ochracea, Tabebuia Avellenada, Tabebuia Cassinoides, Tabebuia Ipe and Taheebo.

**Peach Bark**

**Summary:** Peach Bark- Prunus Persica- helpful with water retention and other kidney problems. Used as a
sedative, diuretic and expectorant. Major constituents: cyanogenetic glycosides.

PEACH BARK is known by the following names: Peach, Peach Bark, Prunus Persica and Rosaceae Family.

Peach Seed

Summary: Peach Seed- Prunus Persica- peach seeds express an oil useful as an emollient. Major constituents: glycerides of oleic acid with some palmitic and stearic glycerides, banzaldehyde and cyanhydrin.

PEACH SEED is known by the following names: Momo - Japan, Khokh - Iraq, Melocotonero - Spain, P Dauidi, Peach - Kentucky, Peach - United States, Peach Kernel, Peach Seed, Pecher - France, Persica, Pesco - Italy, Prunus Persica, Prunus Persica (L.) Batsch., Rosaceae, Rosaceae Family, Seftali Agaci - Turkey, Semen Persicae, Sheftali - Turkey, Tao - China, Tao Pi Chiu - China, Toin - Korean and Tonin - Japanese.

Pellitory of The Wall

Summary: Pellitory of The Wall- Parietaria Officinalis- native to Europe, including Britain. A diuretic and demulcent. Used to treat cystitis, pyelitis and dysuria as well as kidney stones. Major constituents: flavonoids, glucosides and rhamnosides of quercetin, kaempferol and isorhamnetin.

PELLITORY of THE WALL is known by the following names: Parrietoria Officinalis, Pellitory of The Wall and Urticaceae Family.

Pennyroyal

Summary: Pennyroyal- Mentha Pulegium- common to Britain, France and Germany. A carminative, diaphoretic, stimulant and emmenagogue. Used to treat colds, colic and dyspepsia. The oil is an insect repellent. The oil has been used to cause abortion. This is very dangerous and deaths have resulted. Major constituents: volatile oil, bitters and tannins.

PENNYROYAL is known by the following names: Mentha Pulegium, Pennyroyal. European Pennyroyal - Europe, Hedeoma Pulegiodes, Labiatae Family, Po Ho - China, Poleo - Chile, Poleo - Spain and Yarpuz - Turkey.

Peony - White

PEONY - WHITE is known by the following names: Byakushaku - Japanese, Paekchak - Korean, Paeonia Lactiflora Pall., Peony - White, Radix Paeoniae and White Peony.

Peony Root

Summary: Peony Root- Paeonia Officinalis- an antispasmodic, astringent, analgesic and tonic. Used for its smooth muscle relaxant activity. It also acts as a vasodilator and depresses the CNS. It is an anti-inflammatory, an antiviral and an immunostimulant. Major constituents: monoterpenoid glycosides, benzoic acid and pentagalloyl glucose.
PEONY ROOT is known by the following names: Paeonia Officinalis, Mu Shao Yao - China, Paeonia Brownii, Paeonia Californica, Peonia - Europe, Peonia - Spain, Peony Root, Ranunculaceae Family, Sakayik - Turkey and Yosho-syakuyaku.

**Peony Root - Red**

PEONY ROOT - RED is known by the following names: Chokchak - Korean, P. Iactiflora Pall., P. Obovata Maxim. - Also Used, Paeonia Veitchii Lynch, Peony Root - Red, Radix Paeoniae Rubrae, Ranunculaceae and Red Peony Root.

**Peppermint**

**Summary:** Peppermint- Mentha Piperita- one of the best things for nausea. A carminative, diaphoretic and antiseptic. Helpful with mild spasms, colic, fever, headache and nervousness. Used to treat coughs and colds; a powerful antiviral. Major constituents: essential oil, flavonoids, rosmarinic acid, azulenes, choline and carotenes.

PEPPERMINT is known by the following names: Mentha Piperita, Peppermint, Labiatae Family, Adi Nane - Turkey, Ba He, Balm Mint, Brandy Mint, Curled Mint, Horsemint - Mentha Arvensis, Lamb Mint, Menta - Chile, Menta - Spain, Mentha Aquatica - Water Mint Variation, Mentha Crispa - a Curly Variant, Mentha Montana - Egypt, Mentha Silvestris - Horse Mint Variant, Mentha Sp., Mentha Virides - Sister Plant, Mentha Viridis (Spearmint), Menthe - Haiti, Midori-hakka, Mint, Mintfield - UK - Wales, Minthorse - United Kingdom, Mintroman - Europe, Nane - Turkey, Peppermint - United States, Phudina, Po Ho - China, Spearmint, Spearmint - Sister Plant and Water Mint - a Cheaper Inferior Leaf.

**Peppermint Oil**

PEPPERMIN'T OIL is known by the following names: Labiatae Family, Mentha Piperita and Peppermint Oil.

**Periwinkle**

**Summary:** Periwinkle- Vinca Major- an astringent and an antihemorrhagic. It is used to treat nose bleeds, mouth ulcers and sore throats. Contraindicated with brain tumors and intercranal pressure. Major constituents: indole alkaloids and tannins.

PERIWINKLE is known by the following names: Apocynaceae Family, Cezayirmeneksesi - Turkey, Common Periwinkle - Eurasia, Lesser Periwinkle, Periwinkle, Vinca Minor and Vincapervinca - Spain.

**Persimmon Calyx**

**Summary:** Persimmon Calyx- Calyx Diospyros- an astringent and a carminative. Used to treat constipation, diarrhea, dysentery, hiccoughs and hemorrhoids. Major constituents: quercitin, arabinose, lycopene and lanthanum.

PERSIMMON CALYX is known by the following names: Persimmon Calyx. Calyx Diospyri Kaki, Calyx
Petitgrain Oil

PETITGRAIN OIL is known by the following names: Citrus Aurantium and Petitgrain Oil.

Pimento Oil

PIMENTO OIL is known by the following names: Pimenta Officinalis and Pimento Oil.

Pimpinella

**Summary:** Pimpinella - Pimpinella Saxifragus - reported to be antiseptic, antispasmodic, aphrodisiac and fungicidal. Used to treat asthma, bronchitis, coughs and insomnia. Major constituents: anethole, coumarins, creosol and acetaldehyde.

PIMPINELLA is known by the following names: Black Caraway - Mediterranean, Burnet Saxifrage, Burnet Saxifrage - Germany, Carrot Family, Kucuk Pimpinella - Turkey, Perzin Dboc - Belgium, Pimpinela Blanca - Spain, Pimpinela Negra - Spain, Pimpinella, Pimpinella Magna - Equally Useful, Pimpinella Saxifraga, Pinpinera and Umbelliferae Family.

Pine

**Summary:** Pine - Pinus Spp. - a diuretic and irritant. Brings blood to the skin. A valuable remedy in bladder, kidney and rheumatic affections. Major constituents: tannic acid, larixinic acid and turpentine.


Pine Needle Oil

PINE NEEDLE OIL is known by the following names: Abies Sibirica Ledeb, Pinaceae Family, Pine Needle Oil, Pine Oil, Pinus Sylvestris and Scots Pine.

Pineapple Mayweed

**Summary:** Pineapple Mayweed - Matricaria Discoidea - a carminative, vermifuge and antispasmodic. Used to treat roundworms, threadworms and whipworms. Major ingredients: a greenish volatile oil.

PINEAPPLE MAYWEED is known by the following names: Kopf Kamille - German, Matricaria Discoidea, Matricaria Matricariodes, Pineapple Mayweed and Pineapple Weed - English.

Pinellia
PINELLIA is known by the following names: Araceae, Panha - Korean, Pinellia, Pinellia Rhizome, Pinellia Ternata (Thunb.) Breit. and Rhizoma Pinelliae Ternatae.

**Pink Root**

**Summary:** Pink Root—Spigelia Marilandica—used medicinally for roundworms and tapeworms, taken as an infusion morning and evening with a purgative such as senna. May cause toxic reactions, be cautious and always follow up with a laxative. Major constituents: spigeleine, essential oil and tannin.

PINK ROOT is known by the following names: Loganiaceae Family, Pink Root, Pinkroot - United States, Spicelia - Turkey and Spigelia Marilandica.

**Pippli Long Pepper**

**Summary:** Pippli Long Pepper—Piper Longum—an aromatic, stimulant and carminative. Used for bronchitis, cough, asthma and dysentery. Aids digestion, corrects flatulence and nausea. Major constituents: piperine and a volatile oil.

PIPPLI LONG PEPPER is known by the following names: Piper Longum. Bi Bo, Chavica Roxburgii, Fructus Piperis Longi, Hihatsu - Japanese, Indian Long Pepper, Long Pepper - Asia, Long Pepper Fruit, P’ilhal-Korean, Pepperlong - India, Pi Po - China, Pi Po Li - China, Pi Po Mu - China, Piper Longum L., Piperaceae, Piperaceae Family, Pipi, Pippali, Pippli, Pippli Long Pepper, Trikana and Uzun Biber - Turkey.

**Pipsissewa**

**Summary:** Pipsissewa—Chimaphila Umbellata—a diuretic, astringent, alterative, hypoglycemic and tonic. Used in kidney disorders and rheumatism. Major constituents: quinones, flavonoids, triterpenes, methyl salicylate and tannins.

PIPSISSEWA is known by the following names: Ericaceae Family, Pipsissewa. Chimaphila Sp., Chimaphila Umbellata, Chimaphilla Umbellata, In-winter, King Cure, Prince’s Pine and Rheumatism Weed.

**Plantain**

**Summary:** Plantain—Plantago Major—an anti-inflammatory, antimicrobial, diuretic and antihemorrhagic. It stimulates the secretion of uric acid by the kidneys. Widely used for diarrhea, bruises and hemorrhoids. Plantain is used widely in chinese medicine to treat urinary diseases, ulcers, hepatitis and other conditions. Major constituents: iridoids, flavonoids, tannin, oleanolic acid, hydroxycinnamic and benzoic acid.

PLANTAIN is known by the following names: Plantago Major, Plantain, Plantaginaceae Family, Plantago Asiatica, Plantain - Haiti, Adhan as Sakhlah - Iraq, Aranglossa - United Kingdom, Asiatic Plantain, Bazir Dam Bil - Iraq, Buyuk Sinirliot - Turkey, Cart-tract Plant, Che Chien - China, Cheqian, Dar Yaprakli Sinirliot - Turkey, Gechi Qulaghi - Turkey, Herba Plantaginis, Lisan Al Hamal - Iraq, Llanten - Canary Isles, Llanten - Chile, Llanten - Dominican Republic, Llanten - Ecuador, Llanten - Panama, Llanten - Peru, Llanten - Venezuela, Llanten Mayor - Spain, Llanten Menor - Spain, P Lanceolate, Plant Before Cart, Plantago Asiatica L., Plantago Depressa, Plantago Lanceolata, Plantago Psyllium, Plantago Seeds, Plantago Species,

**Platycodon**

**Summary:** Platycodon- Platycodon Grandiflorum- a “lung” herb. An astringent, expectorant, analgesic and sedative. Used to treat coughs, bronchitis, cancer, fever and flu. Major constituents: inulin, xylose and saponin.

PLATYCODON is known by the following names: Chieh Keng - China, Kikyoo - Japan, Platycodon. Campanulaceae, Campanulaceae Family, Kikyo - Japanese, Kilgyong - Korean, Ku Chieh Keng - China, Lu Tou - China, Platycodon Grandiflorum, Platycodon Grandiflorum (Jacq.) A. Dc., Radix Platycodi Grandiflori and Root of The Balloon Flower.

**Pleurisy Root**

**Summary:** Pleurisy Root- Tuberous Swallowwort- a cardiac, tonic, carminative, expectorant and diuretic. Used to treat bronchitis, colds, flu, fever and spasms. Major constituents: asclepiadine, bitter principal, essential oil, resin and sterol.

PLEURISY ROOT is known by the following names: Asclepias Tuberosa, Asclepiadaceae Family, Pleurisy Root. Antelope Horns, Asclepiade Tubereux - French, Asclepias Sp., Asclepideceae Family, Butterfly, Butterfly Weed, Colic Root, Haw, Knollige Schwalbenwurz - German, Knollige Seidenpflanze - German, Knollseidenwurzel - German, Knolzijdewortel - Dutch, Milkweed, Orange Milkweed, Pleurisy Root - United States, Pleurisyroot - South Carolina, Swallow-wort, Tuberous Swallowwort - United States and Yanagitowata.

**Poison Oak**

**Summary:** Poison Oak- Toxicodendrom Diversilobium- a contact allergen, causes sensitization on initial exposure and dermatitis of varying severity on subsequent exposure. Used homeopathically, see rhus tox. Major constituents: urushiols, pentadecylcatechols and heptadecylcatechols.

POISON OAK is known by the following names: Anacardiaceae Family, Poison Ivy, Poison Oak and Rhus Toxicodendron.

**Poke Root**

**Summary:** Poke Root- Phytolacca Decandra- a slow emetic and purgative with narcotic properties. As an alterative it is used for cancer, tumors, lymphatic congestion and granular conjunctivitis. Use with caution, it is very strong and irritating. Take occasionally only, fluid loss is possible. Major constituents: phytolaccic acid, tannin, bitter resin and phytolaccin.

POKE ROOT is known by the following names: Poke Root. P. Esculenta, Phytolacca, Phytolacca Acinosa Roxb., Phytolacca Sp., Phytolaccaceae, Phytolaccaceae Family, Phytolaccaceae Species, Pokeroott, Radix
Phytolaccaceae and Sangyuk - Korean.

**Polygonatum**

POLYGONATUM is known by the following names: Liliaceae, Okchuk - Korean, Pluriflorum (Miq.), Polygonatum, Polygonatum Odoratum (Mill.) Druce Var., Polygonatum Officinalis, Rhizoma Polygonati Odorati and Solomon’s Seal Rhizome.

**Polypody Fern Root**

**Summary:** Polypody Fern Root - Polypodium Vulgare - an expectorant and alterative. Used to treat coughs and chest disorders, as a tonic in dyspepsia and loss of appetite and as an alterative in skin diseases. Major constituents: saponin glycosides, phloroglucin derivates, essential oil, fixed oil and tannin.

POLYPODY FERN ROOT is known by the following names: Kou Chi - China, Ku Sui Pu - China, Pespaye - Turkey, Polipodio - Spain, Polypodiaceae Family, Polypodium Vulgare, Polypody, Polypody - Europe, Polypody Fern Root and Shih Wei - China.

**Pomegranate**

**Summary:** Pomegranate - Punica Pranatum - an astringent herb used widely for dysentery and diarrhea. Also used for tapeworms. Major constituents: alkaloids and ellagitanins.


**Pomegranate Bark**

**Summary:** Pomegranate Bark - Punica Granatum - a potent astringent. Combined with the fruit it stops bleeding. Major constituents: alkaloids and ellagitanins.

POMEGRANATE BARK is known by the following names: Pomegranate Bark, Punica Granatum and Punicaceae Family.

**Poplar**

**Summary:** Poplar - Populus Alba - the bark and leaves are anti-inflammatory, anodyne, astringent, diuretic and stimulant. It is used to treat urinary complaints such as cystitis, stomach and liver disorder, debility and anorexia. It is widely used for gout. Major constituents: salicin, populin and lignin.

**Poppy Seeds**

POPPY SEEDS is known by the following names: Ahiphena, Papaver Sp., Papaveraceae Family, Poppy Seeds and Ying Su Qiao.

**Poterium**

Summary: Prickly Ash Bark- Xanthoxylum Americanum- a stimulant recommended for chronic rheumatism, typhoid, skin diseases and impurity of the blood. Major constituents: volatile oil, fat, sugar, gum, acrid resin, berberine and xanthoxylin.

POTERIUM is known by the following names: Poterium and Poterium Spinosum.

**Prickly Ash**

PRICKLY ASH is known by the following names: Ch’onch’o - Korean, Chinese Prickly-ash, Fruit of Szechuan Pepper, Pericarpium Zanthoxyli, Prickly Ash, Rutaceae, Suterberry, Toothache Tree, Xanthoxylum Americanum, Zanthoxylum and Zanthoxylum Bungeanum Maxim..

**Prickly Ash Bark**

PRICKLY ASH BARK is known by the following names: Hua Jiao, Prickly Ash, Prickly Ash Bark, Rutaceae Family, Tumburu, Xanthoxylum Americanum and Xanthoxylum Sp..

**Primula**

Summary: Primula- Primula Veris- a sedative and an antispasmodic. Used to treat nervousness and giddiness. Major constituents: mannite and saponin.

PRIMULA is known by the following names: Cowslip, Cowslip - Europe, Cuhacicegi - Turkey, Herba Sancti Petri - Europe, Oxlip, Primavera - Spain, Primrose, Primula, Primula Elatior, Primula Officinalis, Primula Veris, Primula Vulgaris, Primulaceae Family and Seiyo-sakura-so.

**Prince Ginseng**

Summary: Prince Ginseng- Prince Ginseng- a tonic, used to treat fatigue, heart, lung and appetite disorders.
PRINCE GINSENG is known by the following names: Caryophyllaceae Family, Prince Ginseng and Pseudostellariae Heterophyllae.

Privet


PRIVET is known by the following names: Fructus Ligustri Lucidi, Joteishi - Japanese, Ligustri Lucidi, Ligustrum, Ligustrum Lucidum Ait., Oleaceae, Oleaceae Family, Privet, Privet Fruit and Yojungja - Korean.

Pseudoginseng Root

PSEUDOGINSENG ROOT is known by the following names: Araliaceae, Notoginseng Root, P. Pseudogin, Panax Notoginseng (Burk.) F. H. Chen., Pseudoginseng Root, Radix Notoginseng and Sanshichi - Japanese.

Psoralea Seeds

Summary: Psoralea Seeds- Psoralea Spp- a tonic, anthelmintic and emetic. Widely used for impotence and leprosy. Used in chronic diarrhea and skin diseases. Shown to increase natural pigments in the skin. Major constituents: angelicin, coumarin, coumestrol, limonene, linalool, starch, stigmasterol, volatile oil and a bitter principle.

PSORALEA SEEDS is known by the following names: Cot Chu - Vietnam, Fructus Psoraleae Corylifoliae, Hokotsushi - Japanese, Indian Bread Root, Ku Tzu - Vietnam, Leguminosae, Leguminosae Family, Pha Cot Chi - Vietnam, Po Ku Chih - China, Pogolchi - Korean, Psoralea Corylifolia, Psoralea Corylifolia L., Psoralea Esculenta, Psoralea Fruit, Psoralea Melitotoidea, Psoralea Seeds and Pu Ku Chih - China.

Psyllium

Summary: Psyllium- Plantago Ovata- native to the Mediterranean region. A natural laxative. The seeds swell when moistened into a gelatinous mass, promoting peristalsis and moistening the feces. Also have a beneficial effect in diarrhea. The husks are more irritating, the whole seed is preferable. Major constituents: mucilage, boschniakine, boschniakinic acid, triterpenes, betasitosterol, campesterol and amyrin.


Pulsatilla

Summary: Pulsatilla- Anemone Pulsatilla- a nerveine, antispasmodic, sedative and alterative. Used for nervous
exhaustion and absence of a period in women. Major constituents: lactones, protoanemonin, saponins, anemone camphor, tannins and volatile oil.

PULSATILLA is known by the following names: Pulsatilla. Anemone, Anemone Pulsatilla, Chinese Anemone Root, Kuchenschelle - Europe, P. Cernua (Thunb.) Bercht. Et Opiz, P. Dahurica (Fisch. Ex Dc) Spreng, Paektuong - Korean, Pai Tou Weng - China, Pasque Flower, Pulsatila - Spain, Radix Pulsatillae Chinensis, Ranunculaceae and Ranunculaceae Family.

Pumpkin Seeds

Summary: Pumpkin Seeds- Cucurbita Maxima- a diuretic and demulcent, taken for tapeworm. Also used for measles and smallpox. Major constituents: linoleic, oleic, palmitic and stearic acids and cucurbitacins. The cucurbitacins are toxic.

PUMPKIN SEEDS is known by the following names: Cucurbita Pepo, Pumpkin Seeds. Calabacera - Spain, Cucurbita Moschata Duch., Cucurbitaceae, Cucurbitaceae Family, Cucurbitae Family, Kabak - Turkey, Kulakah - Kurdistan, Kurbis - Europe, Lacayote - Peru, Namgwacha - Korean, Nan Kua - China, Nankashi - Japanese, Pimpkin, Pumpkin Seeds and Husks, Qabagh - Turkey, Semen Cucurbitae, Semen Cucurbitae Moschatae, Shijar - Iraq and Squash.

Punarnava

PUNARNAVA is known by the following names: Boerhaavia Diffusa, Nyctagineae Family, Spreading Hogweed. Boerhaavia Erecta, Boerhaavia Procumbeno, Boerhaavia Repens, Hog Weed, N.o. Nyctagineae, Punarnava and Shothaghni.

Purslane

Summary: Purslane- Portulaca Oleraceae- green purslane- native to many parts of Europe. Used to treat fever and inflammation. A powerful alterative and bactericide. Major constituents: zinc, oleic acid, noradrenalin, norepinephrine and cyanin.

PURSLANE is known by the following names: Purslane. Bashiken - Japanese, Herba Portulacae Oleraceae, Oleracea L., Portulaca, Portulacaceae Family, Portulacaceae and Portulaceae Oleraceae.

Pyrola

Summary: Pyrola- Pyrola Rotundifolia- false wintergreen- an astringent, diuretic, tonic and antispasmodic. Used externally to treat skin diseases and internally to treat nervous conditions. Major constituents: arbutin, essential oil, homoarbutin and isohomoarbutin.

PYROLA is known by the following names: Lu Ti Tsao - China. Holzmangold - German, Pirola - Italian, Pirola - Spain, Pyrola, Pyrola Rotundifolia, Pyrolaceae Family, Pyrolaround-leaved - United States, Pyrole a Grappes - French, Rondbladig Wintergroenkruid - Dutch, Round-leaved Wintergreen - United States and Vintergron - Danish.
Queen of The Meadow Oil

QUEEN of THE MEADOW OIL is known by the following names: Filipendula Ulmaria, Queen of The Meadow Oil, Rosaceae Family and Spirea Ulmaria.

Radish

Summary: Radish- Raphanus Sativus- radish juice is used to prevent the formation of gall stones. Traditionally used for diarrhea, scurvy and headache. Major constituents: phenyl-ethyl isothiocyanite, volatile oil and amylcltytic enzyme.


Rasna

RASNA is known by the following names: Indian Groundsel, Pluchea Lanceolata, Rashana - Hindi and Rasna.

Raspberry Leaves

Summary: Raspberry Leaves- Rubus Idaeus- used to facilitate childbirth. Possesses uterine relaxant effects. Affects only the pregnant uterus, with no activity on the non-pregnant uterus. A safe tonic to take as tea through pregnancy to tone the uterus. Major constituents: polypeptides, flavonoids, glycosides of kaempferol and quercetin and tannins.

RASPBERRY LEAVES is known by the following names: Ahududu - Turkey, Fook Phoo Chiee - China, Framboises - Haiti, Frambosia - France, Frambueso - Spain, Hindberry, Raspberry Leaves, Rasbhis, Red Rasberry, Red Raspberry, Red Raspberry - Europe, Red Raspberry Leaves, Rosa Family, Rosaceae Family, Rubis Strigosus ( Wild), Rubis Idaeus ( Cultivated), Rubus Idaeus, Rubus Idaeus & R. Strigosus, Rubus Idaeus and Rubus Sp..

Rauwolfia

Summary: Rauwolfia- Rauwolfia Serpentina- a hypotensive, sedative, tonic and tranquilizer. Used to treat fever, insomnia, headache and restlessness. Use with caution and in small doses. Nasal congestion is a side effect. Major constituents: alseroxylone, rescinamine and reserpine.

RAUWOLFIA is known by the following names: Apocynaceae Family, Rauwolfia Serpentina. Alstonia Constricta - Similar, Asutralian Quinine - United States, Chandrika, Fieberbaum - German, Indian Snakerooot, Indo-zyaboku - Chinese, Koortsboom - Dutch, Periwinkle Family, Rauwolfia, Sarpa-gandha and Sarpagandha.
Ravensara Oil

RAVENSARA OIL is known by the following names: Madagascar Nutmeg - Malagasy, Ravensara Aromatica and Ravensara Oil.

Red Clover

Summary: Red Clover- Trifolium Pratens- one of the great blood cleansers. Used in many cancer formulas and for many chronic diseases. An alterative, antispasmodic, expectorant and sedative. Used to treat psoriasis and eczema and as an expectorant in coughs and bronchial conditions. Major constituents: isoflavones, flavonoids, volatile oil, coumarins, galactomannan, resin and phytoalexins.

RED CLOVER is known by the following names: Trifolium Pratense, Red Clover, Trefoil. Bersim Ahmar - Iraq, Cleaver Grass, Cow Grass, Fabace Family, Kirmizi Yonca - Turkey. Leguminosae, Leguminosae Family, Marl Grass, Murasaki-tume-kusaaka-tume-kus, Nafal - Iraq, Papilionacae, Purple Clover, Red Clover - Australia, Red Clover - Eurasia, Red Clover - Europe, Red Clover - Russia, Red Clover - Uk, Red Clover - United States, Red Clover Blossoms, Trebol - Spain, Trebol Rojo - Spain, Trifolium Pratense & Sp., Vana-methika and Wild Clover.

Red Sandalwood

RED SANDALWOOD is known by the following names: Red Sandalwood.

Reed Grass

Summary: Reed Grass- Ceanothus Americanus- an astringent, expectorant and antispasmodic. Used for fever, nausea and thirst. Major constituents: ceanothic acid, emmolic acid and cyclopeptide alkaloids.

REED GRASS is known by the following names: Carrizo, Gramineae Family, Lugun, Phragmites Communis, Phragmites Communis Et Species, Reed Grass, Reed Rhizome and Rhizoma Phragmitis.

Rehmannia

Summary: Rehmannia- Rehmannia Glutinosa- tonifies the blood and the kidneys. Used to treat dizziness, palpitations hypertension and insomnia. Also used for irregular menstruation, uterine bleeding and postpartum bleeding. A favorite Chinese herb. Major constituents: b-sitosterol, mannitol, stigmasterol, campesterol, rehmannin, catalpol, arginine and glucose.

Huang (Cooked), Shu Ti Huang - China, Shudihuang, Steamed Glutinous Rehmarrnia, Ti Huang - China and Ti Huang Chiu - China.

Reishi

Summary: Reishi- Ganoderma Lucidum- used to treat excess cholesterol, hypertension, cancer and many other diseases. It acts as an antioxidant and an overall immune strengthener. Major constituents: polysaccharides and triterpenoids.

REISHI is known by the following names: Ganoderma Lucidum, Reishi, Basidiomycetes Family, G. Applanatum and Related Species, Ling Chih, Ling Zhi and Reishi Mushroom.

Rheumatism Ginseng

Summary: Rheumatism Ginseng- Acanthopanax Sessiflorus- a diuretic, analgesic, antirheumatic and antispasmodic. Used to treat arthritis, rheumatism, eczema and itching. Major constituents: zinc, tannin, salicylaldehyde, linoleic and palmitic acids.

RHEUMATISM GINSENG is known by the following names: Acanthopanax Gracilistylus, Acanthopanax Sessiflorus, Araliaceae Family, Rheumatism Ginseng and Wu Jia Pi.

Rhubarb Root


Rice Sprouts

RICE SPROUTS is known by the following names: Fructus Oryzae Sativae, Graminaceae Family, Graminace, Kok’ga - Korean, Kokuga - Japanese, Oryzae Sativae, Orzya Satida L., Rice Sprout and Rice Sprouts.

Rockrose Oil

ROCKROSE OIL is known by the following names: Cistaceae Family, Cistus Labdaniferus and Rockrose Oil.
Rose Apple

**Summary:** Rose Apple- Syzygium Jambolana- jambul- an antidiabetic used to treat diabetes. Major constituents: insulin like factors.

ROSE APPLE is known by the following names: Jambul, Rose Apple, Roseapple and Syzygium Jambolana.

Rose Flowers and Fruit

**Summary:** Rose Flowers and Fruit- Rosa Spp- cultivated throughout the world. They have a wonderful fragrance. Rarely used medicinally, although the fruits of the dog rose are used as an astringent and source of vitamin C. Major constituents: geraniol, nerol, citronellol, geranic acid, eugenol, myrcene and phenethyl alcohol.

ROSE FLOWERS and FRUIT is known by the following names: Rheum Sp., Rosa Chinensis Et Species, Rosa Sp., Rosaceae Family, Rose Flowers and Fruit, Shatapatri, Tea Rose, Yeu Ji Hua and Yueh Chi Hua - China.

Rose Hips

**Summary:** Rose Hips- Rosa Canina- native to Europe, west Africa and Asia. An astringent and nutritive. Given as a source of vitamin C in debility, colds and mild infections. Used in many cough syrups. Major constituents: ascorbic acid, flavonoids, fruit acids and mucilage.

ROSE HIPS is known by the following names: Eglantier - Haiti, Rosa Canina, Rosa Sp., Dog Briar, Dog Rose, Dog Rose - Europe, Eglantier Rose Sauvage - Haiti, Escaramujo - Chile, Fructus Cynosbati, Gul Mohammed - Kurdistan, Hipberries, Kusburnu - Turkey, Oleum Roseum - Europe, Rosaceae Family, Rosal Silvestre - Spain, Rose, Rose Hips and Ward Barry - Iraq.

Rose Oil

ROSE OIL is known by the following names: Cabbage Rose - English, Damask Rose - Eurasia, Gula Bagh - Kurdistan, Gulab - India, Provence Rose - German, Qunja Gul - Turkey, Rosa Centifolia ( Cabbage Rose), Rosa Centofoglie - Italian, Rosa Damascena ( Damask Rose), Rosaceae Family, Rose - Europe, Rose De Mai ( Centifolia), Rose Oil, Tsiang Wei - China, Ward Juri - Iraq and Ward Juri Berri - Iraq.

Rose Petals

**Summary:** Rose Petals- Rosa Canina- an astringent, mostly used in cosmetics and flavorings. Used to soothe the skin. Major constituents: beta carotene, citronellol, cyanin, eugenol, gallic acid and linalool.

ROSE PETALS is known by the following names: Rosaceae Family, Rosae Rugosae and Rose Petals.

Rosemary

**Summary:** Rosemary- Rosmarinus Officinalis- an anti-inflammatory, tonic, astringent, diaphoretic and antiseptic. Used to treat septic shock and capillary fragility. Also used for rheumatism, fainting and overwork.
Major constituents: volatile oil, flavonoids, rosmarinic acid, rosmaricine, ursolic acid and oleanolic acid.

ROSEMARY is known by the following names: Labiatae Family, Rosemary, Rosmarinus Officinalis, Compass Weed, Lamiaceae Family, Poplar Plant and Rosmarinus Offinalis.

**Rosemary Oil**

ROSEMARY OIL is known by the following names: Mi Tieh Hsiang - China, Romarin - Haiti, Anthos - Greece, Biberiye - Turkey, Incensier, Labiatae Family, Lomarin - Haiti, Mannen-ro, Romarin - Belgium, Romarin Du Pays - Haiti, Romero - Chile, Romero - Dominican Republic, Romero - Peru, Romero - Spain, Romero Comun - Chile, Rosemary - Europe, Rosemary - United Kingdom, Rosemary Oil and Rosmarinus Officinalis.

**Rosewood Oil**

ROSEWOOD OIL is known by the following names: Aniba Rosaedora and Rosewood Oil.

**Rue**

**Summary:** Rue - Ruta Graveolens - a strong stimulant and antispasmodic. Used to treat coughs and croup. A powerful emmenagogue, it may cause abortion. The nutrient rutin was named after this plant because of its high rutin content. Major constituents: caprinic, plagonic, rutin, caprylic and oenanthylic acids. In excessive doses it is poisonous.

RUE is known by the following names: Ruta Graveolens, Rue, Yun Hsiang Tsao - China, Bahce Sedefotu - Turkey, Henruda, Herbygrass, Ruda - Spain, Rue - Europe, Rue - Mediterranean, Rue - Ukwales, Rue Fetide - France, Ruta - Norway and Rutaceae Family.

**Rupturewort**

**Summary:** Rupturewort - Herniaria Glabra - a very active diuretic. Used for treatment of the bladder. Major constituents: herniarine and paronchine.

RUPTUREWORT is known by the following names: Herniaria - Spain, Herniaria Glabra, Kasikotu - Turkey, Nabat Al Sheikh - Iraq, Rupturewort, Showail - Iraq, Smooth Rupturewort and Um Waja Al Kaped - Iraq.
Part II

The Names of Medicinal Plants

P’agukch’on - Korean, See - Morinda
P’allangun - Korean, See - Isatis
P’e-Nan - Korean, See - Eupatorium
P’ilhal - Korean, See - Pippili Long Pepper
P. Cernua (Thunb.) Bercht. Et Opiz, See - Pulsatilla
P. Dahurica (Fisch. Ex Dc) Spreng, See - Pulsatilla
P. Esculenta, See - Poke Root
P. Frutescens (L) Britt. Var., See - Shiso
P. Iactiflora Pall., See - Peony Root - Red
P. Obovata Maxim. - Also Used, See - Peony Root - Red
P. Pseudogin, See - Pseudoginseng Root
P. Urinaria, See - Bhumyamalaki
Pa Chi Tien - Chinese, See - Gotu Kola
Pa Chio Hiu Hsiang - China, See - Star Anise
Pa Chio Hui Hsiang - China, See - Star Anise
Pa Chio Yu - China, See - Star Anise
Pa Tou - China, See - Croton Oil
Pa Yueh Chu - China, See - Anise Seed
Paarde Kastanje - Dutch, See - Horse Chestnut
Pachak - Bengali, See - Kustha Mula
Padma, See - Lotus Leaf
Padma, See - Lotus Root
Padmaka, See - Wild Cherry Bark
Padock-Pipes, See - Horsetail
Padu - Korean, See - Croton Oil
Paederia Foetida, See - Paederia Foetida
Paegchi - Korean, See - Angelica
Paekch’ul - Korean, See - Atractylodes
Paekchak - Korean, See - Peony - White
Paekchillyo - Korean, See - Caltrop
Paekkaecha - Korean, See - Mustard Seed - White
Paektugu - Korean, See - Cardamon
Paektuong - Korean, See - Pulsatilla
Paeonia Brownii, See - Peony Root
Paeonia Californica, See - Peony Root
Paeonia Lactiflora Pall., See - Peony - White
Paeonia Officinalis, See - Peony Root
Paeonia Suffruticosa, See - Tree Peony
Paeonia Suffruticosa Andr., See - Tree Peony
Paeonia Veitchii Lynch, See - Peony Root - Red
Pai Chai Tan - China, See - Sandalwood
Pai Chi Li - China, See - Caltrop
Pai Ho - China, See - Tiger Lily
Pai Ho Kan - China, See - Tiger Lily
Pai Kuo - China, See - Ginkgo
Pai Sang - China, See - Mulberry Fruit
Pai Su - China, See - Shiso
Pai Sui - China, See - Blackthorn
Pai Tou Kou - China, See - Cardamon Oil
Pai Tou Weng - China, See - Pulsatilla
Pai Ying - China, See - Bittersweet
Paico - Peru, See - Wormseed
Pakha - Korean, See - Horsemint
Palankasa - Sanskrit, See - Guggul
Palas, See - Butea
Palm Family, See - Saw Palmetto
Palma Christi - French, See - Castor Oil
Palma Rosa Oil, See - Palma Rosa Oil
Palmae Family, See - Saw Palmetto
Palmae, See - Betelnut
Palmae Family, See - Betelnut
Palmae Family, See - Dragon’s Blood
Palmaroza - Turkey, See - Palma Rosa Oil
Pamu - Kurdistan, See - Cotton Root
Pamuk - Turkey, See - Cotton Root
Pan, See - Betel Leaves
Pan Y Quesillo - Spain, See - Shephard’s Purse
Panax Ginseng, See - Ginseng
Panax Ginseng, See - Ginseng - Korean
Panax Ginseng C. A. Mey, See - Ginseng
Panax Notoginseng (Burk.) F. H. Chen, See - Pseudoginseng Root
Panax Pseudoginseng, See - Tienchi Ginseng
Panax Quinquefolium, See - American Ginseng
Panax Quinquefolium, See - Ginseng
Panax Quinquefolium (American), See - Ginseng
Panax Quinquefolium L., See - American Ginseng
Panax Quinquefolius L., See - Ginseng - American
Pancangula - Sanskrit, See - Castor Oil
Pandipane - French, See - Karavellaka
Panha - Korean, See - Pinellia
Panjangusht - Sanscrit, See - Vitex
Pano - Chile, See - Mullein
Pansy, See - Pansy
Pansy - Eurasia, See - Pansy
Pansy - United States, See - Pansy
Panzehirotu - Turkey, See - Condurango Bark
Papatya - Turkey, See - Chamomile
Papaveaceae Family, See - Corydalis
Papaver Sp., See - Poppy Seeds
Papaveraceae, See - Corydalis
Papaveraceae Family, See - Bloodroot
Papaveraceae Family, See - California Poppy
Papaveraceae Family, See - Celandine - Greater
Papaveraceae Family, See - Fumitory
Papaveraceae Family, See - Poppy Seeds
Papilionaceae:Leguminosae Family, See - Red Clover
Papilionaceae Family, See - Kapikacchu
Papilionaceae Family, See - Lespedeza
Papilionaceae Family, See - Licorice
Papilionaceae Family, See - Melilot
Papilionaceae Family, See - Scotch Broom
Papoose Root, See - Blue Cohosh
Paprika - Variant - Milder, See - Cayenne Pepper
Parmelia Furfuracea - Similar Properties, See - Usnea
Parmeliaceae Family, See - Iceland Moss
Parrietoria Officinalis, See - Pellitory Of The Wall
Parsley, See - Parsley
Parsley Oil, See - Parsley Oil
Partha - Sanskrit, See - Arjun
Parthenium, See - Feverfew
Partridge Berry, See - Squaw Vine
Partridge Berry - English, See - Squaw Vine
Partridgeberry - United States, See - Squaw Vine
Pashana Bheda, See - Pashana Bheda
Pashanbheda, See - Pashana Bheda
Pasque Flower, See - Pulsatilla
Passiflora Incarnata, See - Passion Flower
Passiflora Quadrangularis, See - Passion Flower
Passiflora Sp., See - Passion Flower
Passifloraceae Family, See - Passion Flower
Passion Flower, See - Passion Flower
Pasta Acaciae Seu Uncariae, See - Gambir
Pasture Sagewort, See - Wormwood
Patchouli, See - Patchouli
Patchouli Oil, See - Patchouli Oil
Patchouly - Malaya, See - Patchouli
Pathya - Sanskrit, See - Haritaki
Patyori, See - Patchouli Oil
Pau D’arco, See - Pau D’arco
Pavitra - Sanskrit, See - Tulasi
Pazote - Mexico, See - Wormseed
Pazote - Spain, See - Wormseed
Pea Family, See - Astragalus
Pea Family, See - Ononis
Peach, See - Peach Bark
Peach - Kentucky, See - Peach Seed
Peach - United States, See - Peach Seed
Peach Bark, See - Peach Bark
Peach Kernel, See - Peach Seed
Peach Seed, See - Peach Seed
Pearl Ash, See - Moti Bhasma
Pecher - France, See - Peach Seed
Pedaliaceae, See - Black Sesame Seeds
Pedaliaceae Family, See - Black Sesame Seeds
Pedaliaceae Family, See - Devil's Claw
Pedaliaceae Family, See - Sesame Oil
Pedaliaceae Family, See - Devil's Claw
Pei Mu - China, See - Fritillary
Pei Wu Wei - China, See - Schizandra Chinensis
Peilan, See - Boneset
Pekinensis Rupr., See - Euphorbia
Peking Spurge Root, See - Euphorbia
Pelargonium Adorantissimum, See - Geranium Oil
Pelargonium Graveolens, See - Geranium Oil
Pelin - Turkey, See - Wormwood
Pelinagaci - Turkey, See - Wormwood
Pellitory Of The Wall, See - Pellitory Of The Wall
Peng Ta Wan - China, See - Gotu Kola
Pennyroyal, See - Pennyroyal
Peonia - Europe, See - Peony Root
Peonia - Spain, See - Peony Root
Peony - White, See - Peony - White
Peony Root, See - Peony Root
Peony Root - Red, See - Peony Root - Red
Pepper, See - Black Pepper
Pepper - Asia, See - Black Pepper
Pepper - India, See - Black Pepper
Pepper - United Kingdom, See - Black Pepper
Pepper - United States, See - Black Pepper
Pepperblack - Uk - Wales, See - Black Pepper
Pepperlong - India, See - Pippli Long Pepper
Peppermint, See - Peppermint
Peppermint - United States, See - Peppermint
Peppermint Oil, See - Peppermint Oil
Pepperred - India, See - Cayenne Pepper
Perejil - Spain, See - Parsley Oil
Pericarpium Arecae Catechu, See - Betelnut
Pericarpium Citri Reticulatae, See - Tangerine Oil
Pericarpium Citri Reticulatae, See - Tangerine Peel
Pericarpium Punicae Granati, See - Pomegranate
Pericarpium Zanthoxyli, See - Prickly Ash
Perilla, See - Shiso
Perilla Frutescens, See - Shiso
Perilla Frutescens (L.) Britt., See - Shiso
Perilla Leaf, See - Shiso
Perilla Seed, See - Shiso
Perillafrutescens (L.) Britt. Var. Cris, See - Shiso
Perijn - Turkey, See - Glutinous Rice Roots
Periploca Sepium Bunge, See - Siberian Ginseng
Periwinkle, See - Periwinkle
Periwinkle, See - Vinca Rosea
Periwinkle Family, See - Rauwolfia
Periwinkle Family, See - Vinca Rosea
Perla - Dominican Republic, See - Yarrow
Persian Bark, See - Cascara Bark
Persian Lilac, See - Neem
Persica, See - Peach Seed
Persimmon Calyx, See - Persimmon Calyx
Peru Balsam Tree, See - Balsam Of Peru
Peruvian Bark, See - Chinchona
Peruvian Bark - Italy, See - Cinchona Bark
Perzin Dboc - Belgium, See - Pimpinella
Pesco - Italy, See - Peach Seed
Pespaye - Turkey, See - Polypody Fern Root
Petasites Albus - Similar Species, See - Butterbur
Petasites Hybridus, See - Butterbur
Petasities Officinalis (Formerly), See - Butterbur
Petha - Hindi, See - Sveta Kusmanda
Petitgrain Oil, See - Petitgrain Oil
Petroselinum Hortense, See - Parsley Oil
Petroselinum Sativum, See - Parsley
Petroselinum Sativum, See - Parsley
Petroselinum Sativum, See - Parsley Oil
Petroselinum Sp., See - Parsley
Petrosellinum Sativum, See - Parsley
Pettigree, See - Butcher's Broom
Peucedanum Palustre, See - Sow Fennel
Peucedanum Praeruptorum (Chinese), See - Sow Fennel
Peumus Boldus, See - Boldo
Pewter Worts, See - Horsetail
Pewterwort, See - Horsetail
Pfaffia Paniculata, See - Suma
Pfeffer - Germany, See - Black Pepper
Pha Cot Chi - Vietnam, See - Psoralea Seeds
Pharbitis, See - Morning Glory Seeds
Pharbitis Hederacea, See - Morning Glory Seeds
Pharbitis Nil (L.) Choisy, See - Morning Glory Seeds
Phaseolus Vulgaris, See - Haricot Bean
Phragmites Communis, See - Reed Grass
Phragmites Communis Et Species, See - Reed Grass
Phu, See - Valerian Root
Phudina, See - Peppermint
Phyllanthes Niruri - French, See - Bhumyamalaki
Phyllanthus Emblica, See - Amalaki
Phyllanthus Emblica, See - Amla
Phyllanthus Niruri, See - Bhumyamalaki
Phyllostachys Species, See - Bamboo
Physalis Flexuosa, See - Ashwaganda
Phytolacca, See - Poke Root
Phytolacca Acinosa Roxb., See - Poke Root
Phytolacca Sp., See - Poke Root
Phytolaccaceae, See - Poke Root
Phytolaccaceae Family, See - Poke Root
Phytolaccaceae Species, See - Poke Root
Pi Ling - China, See - Cubeb
Pi Pa - China, See - Locquat Leaves
Pi Po - China, See - Cayenne Pepper
Pi Po - China, See - Pippli Long Pepper
Pi Po Li - China, See - Pippli Long Pepper
Pi Po Mu - China, See - Pippli Long Pepper
Pick Tooth - United States, See - Khella
Picramnia Antidesma, See - Cascara Amarga
Picrorhiza, See - Gentian
Picrorhiza Kurroa, See - Gentian
Pie De Leon - Spain, See - Lady's Mantle
Pied De Poule - French, See - Couchgrass
Pien Hsu - China, See - Knotgrass
Pigweed, See - Amaanth
Pile - Belgium, See - Thyme
Pill Bearing Spurge, See - Euphorbia
Piment De Cayenne - Gabon, See - Cayenne Pepper
Pimenta Acris, See - Bay Oil
Pimenta Dioica, See - Allspice
Pimenta Officinalis, See - Pimento Oil
Pimenta Racemosa, See - Bay Oil
Pimenta Racemosa Myrtaceae-Myrtle, See - Bay Oil
Pimento Officinalis, See - Allspice
Pimento Oil, See - Pimento Oil
Pimienta Acuatica - Spain, See - Water Pepper
Pimpernel - Uk - Wales, See - Burnet Root
Pimpinela Blanca - Spain, See - Pimpinella
Pimpinela Mayor - Spain, See - Burnet Root
Pimpinela Negra - Spain, See - Pimpinella
Pimpinella, See - Pimpinella
Pimpinella Anisum, See - Anise Seed
Pimpinella Anisum, See - Aniseed Oil
Pimpinella Magna - Equally Useful, See - Pimpinella
Pimpinella Saxifraga, See - Pimpinella
Pumpkin, See - Pumpkin Seeds
Pin Maritime - French, See - Terebinth Oil
Pinaceae, See - Pine
Pinaceae Family, See - Juniper Berries
Pinaceae Family, See - Ocean Pine Oil
Pinaceae Family, See - Pine
Pinaceae Family, See - Pine Needle Oil
Pinaceae Family, See - Thuja
Pinaster, See - Terebinth Oil
Pinctada Margaritifera, See - Moti Bhasma
Pine, See - Pine
Pine Needle Oil, See - Pine Needle Oil
Pine Oil, See - Pine Needle Oil
Pineapple Mayweed, See - Pineapple Mayweed
Pineapple Weed - English, See - Pineapple Mayweed
Pinellia, See - Pinellia
Pinellia Rhizome, See - Pinellia
Pinellia Ternata (Thunb.) Breit., See - Pinellia
Pinestone - Europe, See - Ocean Pine Oil
Pingp’yon - Korean, See - Borneol Oil
Pinheiro - Portugal, See - Terebinth Oil
Pink Root, See - Pink Root
Pinkroot - United States, See - Pink Root
Pino Maritimo - Spain, See - Terebinth Oil
Pinpinera, See - Pimpinella
Pinus Laricio, See - Terebinth Oil
Pinus Maritima, See - Terebinth Oil
Pinus Nigra, See - Terebinth Oil
Pinus Pinaster, See - Terebinth Oil
Pinus Pineaster, See - Ocean Pine Oil
Pinus Sylvestris, See - Pine
Pinus Sylvestris, See - Pine Needle Oil
Pinus Sylvestris, See - Terebinth Oil
Pinus Tabulaeformis, See - Pine
Pip’ayop - Korean, See - Locquat Leaves
Piper Betle, See - Betel Leaves
Piper Cubeba, See - Cubeb
Piper Longum, See - Pippli Long Pepper
Piper Longum L., See - Pippli Long Pepper
Piper Methysticum, See - Kava Kava
Piper Nigrum, See - Black Pepper
Piper Nigrum, See - Black Pepper Oil
Piper Nigrum L., See - Black Pepper
Piper Sanctum - Similar From Mexico, See - Kava Kava
Piperaceae, See - Black Pepper
Piperaceae,  See - Pippli Long Pepper
Piperaceae Family,  See - Black Pepper
Piperaceae Family,  See - Black Pepper Oil
Piperaceae Family,  See - Cubeb
Piperaceae Family,  See - Kava Kava
Piperaceae Family,  See - Pippli Long Pepper
Pipes,  See - Oak Bark
Pipli,  See - Pippli Long Pepper
Pippali,  See - Pippli Long Pepper
Pipperidge Bush,  See - Barberry
Pippli,  See - Pippli Long Pepper
Pippli Long Pepper,  See - Pippli Long Pepper
Pipsissewa,  See - Pipsissewa
Pirinc - Turkey,  See - Glutinous Rice Roots
Pirola - Italian,  See - Pyrola
Pirola - Spain,  See - Pyrola
Piruli - Dominican Republic,  See - Oleander
Piscidia Erythrina L.,  See - Jamaican Dogwood
Pissenlit - France,  See - Dandelion Root
Pistachia Terebinthus,  See - Terebinth Oil
Pistachio,  See - Witch Hazel
Pita Daru - Sanskrit,  See - Berberis Aristata
Pitataila - Sanskrit,  See - Jyotismati
Plant Before Cart,  See - Plantain
Plantaginaceae,  See - Psyllium
Plantaginaceae Family,  See - Plantain
Plantaginaceae Family,  See - Psyllium
Plantago Asiatica,  See - Plantain
Plantago Asiatica,  See - Psyllium
Plantago Asiatica L.,  See - Plantain
Plantago Depressa,  See - Plantain
Plantago Depressa,  See - Psyllium
Plantago Lanceolata,  See - Plantain
Plantago Major,  See - Plantain
Plantago Ovata,  See - Psyllium
Plantago Ovato,  See - Psyllium
Plantago Psyllium,  See - Plantain
Plantago Psyllium,  See - Psyllium
Plantago Seeds,  See - Plantain
Plantago Species,  See - Plantain
Plantain,  See - Plantain
Plantain - Europe,  See - Plantain
Plantain - Haiti,  See - Plantain
Plantain - Iran,  See - Plantain
Plantain - Poland,  See - Plantain
Plantain Family,  See - Plantain
Platyctodon,  See - Platyctodon
Platycodon Grandiflorum, See - Platycodon
Platycodon Grandiflorum (Jacq.) A. Dc., See - Platycodon
Pleurisy Root, See - Pleurisy Root
Pleurisy Root - United States, See - Pleurisy Root
Pleurisyroot - South Carolina, See - Pleurisy Root
Pliha Satru - Sanskrit, See - Sara Punhka
Ploygonum Multiflorum Thunb, See - Tuber Of Multiflower Knotweed
Pluchea Lanceolata, See - Rasna
Plumbaginaceae Family, See - Chitrak
Plumbago Zeylanica, See - Chitrak
Plumbago Zeylonica, See - Chitrak
Plumula Nelumbinis Nuciferae, See - Lotus Plumule
Pluniflorum (Miq.), See - Polygonatum
Po - China, See - Oak Gall
Po - China, See - Thuja
Po Fu Lan - China, See - Saffron
Po Ho - China, See - Pennyroyal
Po Ho - China, See - Peppermint
Po Hui Hsiang - China, See - Star Anise
Po Ku Chih - China, See - Psoralea Seeds
Po Ku Tsao - China, See - Horsetail
Po Kung Ying - China, See - Dandelion Root
Podo-Huirumu, See - Mandrake Root
Podophyllac Family, See - Mandrake Root
Podophyllum Peltatum, See - Mandrake Root
Pogolchi - Korean, See - Psoralea Seeds
Pogostemon Cablin, See - Patchouli
Pogostemon Patchouli, See - Patchouli Oil
Pois Rouge - Haiti, See - Haricot Bean
Pois Vanille - Haiti, See - Vanilla Oil
Poison Bulb, See - Sudarshan
Poison Ivy, See - Poison Oak
Poison Nut, See - Nux Vomica
Poison Oak, See - Poison Oak
Poivre De Moine - French, See - Vitex
Poke Root, See - Poke Root
Poke Weed, See - Lobelia
Pokeroort, See - Poke Root
Pokharmul - Hindi, See - Kustha Mula
Poleo (Mid.-W. U.S.), See - Horsemint
Poleo - Chile, See - Pennyroyal
Poleo - Spain, See - Pennyroyal
Polianthes Tuberosa, See - Tuberose Oil
Polipodio - Spain, See - Polypody Fern Root
Polygala, See - Seneca Snakeroot
Polygala Tenuifolia Willd., See - Seneca Snakeroot
Polygala Tenuifoliae, See - Seneca Snakeroot
Polygalaceae, See - Seneca Snakeroot
Polygalaceae Family, See - Seneca Snakeroot
Polygayla Senega, See - Seneca Snakeroot
Polygonaceae, See - Ho Shou Wou
Polygonaceae, See - Knotgrass
Polygonaceae, See - Rhubarb Root
Polygonaceae Family, See - Bistort
Polygonaceae Family, See - Ho Shou Wou
Polygonaceae Family, See - Knotgrass
Polygonaceae Family, See - Rhubarb Root
Polygonaceae Family, See - Sheep Sorrel
Polygonaceae Family, See - Water Pepper
Polygonaceae Family, See - Yellow Dock
Polygonaceae Family, See - Yellow Dock Root
Polygonatum, See - Polygonatum
Polygonatum Odoratum (Mill.) Druce Var., See - Polygonatum
Polygonatum Officinalis, See - Polygonatum
Polygonatum Sp., See - Solomon's Seal
Polygonum, See - Knotgrass
Polygonum Aviculare, See - Knotgrass
Polygonum Bistorta, See - Bistort
Polygonum Cuspidatum Sieb. Et Zucc., See - Knotgrass
Polygonum Hosuwu, See - Ho Shou Wou
Polygonum Hydropiper, See - Water Pepper
Polygonum Multiflorum, See - Ho Shou Wou
Polygonum Multiflorum Thunb., See - Ho Shou Wou
Polyphyllum Emodi - Indian Variety, See - Mandrake Root
Polypodiaceae Family, See - Male Fern
Polypodiaceae Family, See - Polypody Fern Root
Polypodium Vulgare, See - Polypody Fern Root
Polypody, See - Polypody Fern Root
Polypody - Europe, See - Polypody Fern Root
Polypody Fern Root, See - Polypody Fern Root
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Polyporaceae Family, See - Fu Ling
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Pomegranate - Europe, See - Pomegranate
Pomegranate - United States, See - Pomegranate
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Pomegranate Husk, See - Pomegranate
Pomme Epineuse - France, See - Datura
Pomme Epineuse - Haiti, See - Datura
Pomme Grenade - Haiti, See - Pomegranate
Pomme Poison - Haiti, See - Datura
Pomogranado - Haiti, See - Pomegranate
Pongnyong - Korean, See - Fu Ling
Ponsayop - Korean, See - Senna
Poor Man's Treacle, See - Garlic
Poplar, See - Poplar
Poplar Bud, See - Poplar
Poplar Plant, See - Rosemary
Poplarblack - Europe, See - Poplar
Poppy Family, See - California Poppy
Poppy Family, See - Celandine - Greater
Poppy Family, See - Fumitory
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Populus Balsamifera, See - Poplar
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Populus Tremuloides, See - Poplar
Populus Tremuloides, See - Poplar
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Portulacaceae Family, See - Bitterroot
Portulacaceae Family, See - Laghu
Portulacaceae Family, See - Purslane
Portulacaceae, See - Purslane
Portulaceae Oleraceae, See - Purslane
Pot Marjoram - Europe, See - Oregano
Potentilla Anserina, See - Silverweed
Potentilla Erecta, See - Tormentil
Potentilla Silvestris, See - Tormentil
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Poterium Spinosum, See - Poterium
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Prickly Ash, See - Prickly Ash Bark
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Priest's Crown, See - Dandelion Root
Primavera - Spain, See - Primula
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Primula Officinalis, See - Primula
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Primulaceae Family, See - Primula
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Prunella, See - Self Heal
Prunella Vulgaris, See - Self Heal
Pruni Armeniacae, See - Apricot Kernel
Prunus Armeniaca, See - Apricot Kernel
Prunus Armeniaca L., See - Bitter Apricot
Prunus Armeniaca L. Var. Ansu, See - Bitter Apricot
Prunus Armeniaca L. Var. Ansu Maxim., See - Apricot Kernel
Prunus Armeniaca Linne, See - Sweet Apricot
Prunus Mandshurica Koehne, See - Bitter Apricot
Prunus Persica, See - Peach Bark
Prunus Persica, See - Peach Seed
Prunus Persica (L.) Batsch., See - Peach Seed
Prunus Serotina, See - Wild Cherry Bark
Prunus Sibirica L., See - Bitter Apricot
Prunus Sp., See - Wild Cherry Bark
Prunus Spinosa, See - Blackthorn
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Psoralea Corylifolia, See - Psoralea Seeds
Psoralea Corylifolia L., See - Psoralea Seeds
Psoralea Esculenta, See - Psoralea Seeds
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Psoralea Seeds, See - Psoralea Seeds
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Psyllium - Europe, See - Psyllium
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Pueraria, See - Kudzu Root
Pueraria Lobata (Willd.) Ohwi., See - Kudzu Root
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Puerariae Lobata Et Thunbergiana, See - Kudzu Root
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Pulmonaria, See - Sticta
Pulmonaria - Spain, See - Lungwort
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Pumpkin Seeds, See - Pumpkin Seeds
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Punicaceae Family, See - Pomegranate
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Purple Aster Root, See - Aster Root
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Purple Cone Flower, See - Echinacea
Purple Coneflower, See - Echinacea
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Purple Loosestrife, See - Loosestrife
Purple Medic, See - Alfalfa
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Purslane, See - Purslane
Pushka Moor, See - Lotus Leaf
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Quackgrass, See - Couchgrass
Quaker Bonnet - United States, See - Skullcap
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Queens Delight - English, See - Stillingia
Queens Delight - Georgia, See - Stillingia
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Qunja Gul - Turkey, See - Rose Oil
Qurtum - Iraq, See - Safflower
Qush Aghaji - Turkey, See - Birch Bark
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Radish Seeds, See - Radish
Radix Angelicae Dahuricae, See - Angelica
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Radix Astragali, See - Astragalus
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Radix Aucklandiae Lappae, See - Saussurea
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Radix Euphorbiae Seu Knoxiae, See - Euphorbia
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Radix Glycyrrhizae Uralensis, See - Licorice
Radix Isatidis Seu Baphicacanthi, See - Isatis
Radix Lateralis Aconiti Carmichaeli, See - Aconite
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Radix Panacis Quinquefolii, See - American Ginseng
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Radix Platycodi Grandiflori, See - Platycodon
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Radix Polygoni Multiflori, See - Tuber Of Multiflower Knotweed
Radix Polygoni Multiflori, See - Ho Shou Wou
Radix Puerariae, See - Kudzu Root
Radix Pulsatillae Chinensis, See - Pulsatilla
Radix Rehmannia, See - Rehmannia
Radix Rehmannia Preparatae, See - Rehmannia
Radix Rehmanniae Glutinosae, See - Rehmannia
Radix Rubiae Cordifoliae, See - Madder Root
Radix Salviae Miltiorrhizae, See - Sage
Radix Scrophulariae, See - Figwort
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Raian Al Malik - Iraq, See - Basil
Raian Jabaili - Iraq, See - Oregano
Raian - Kurdistan, See - Basil
Raian Kiwilka - Iraq, See - Oregano
Rainan - Turkey, See - Basil
Rajani, See - Turmeric
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Rakanka - Japanese, See - Momordica Fruit
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Ramathã - Sanskrit, See - Asafoetida
Ramulus Cinnamomi Cassiae, See - Cinnamon Branch
Ramulus Cum Uncis Uncariae, See - Gambir
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Ramulus Uncariae Cum Uncis, See - Gambir
Ramunusuzyutu-No-Ki, See - Buckthorne Bark
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Ranunculace Family, See - Goldenseal
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Ranunculaceae, See - Blue Cohosh
Ranunculaceae, See - Clematis
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Ranunculaceae, See - Peony Root - Red
Ranunculaceae, See - Pulsatilla
Ranunculaceae, See - Tree Peony
Ranunculaceae Family, See - Aconite
Ranunculaceae Family, See - Black Cohosh
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Raziyana - Kurdistan, See - Anise Seed
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Receptaculum Nelumbinis, See - Lotus Stamens
Red Cedar - United States, See - Cedarwood Oil
Red Centaury, See - Centaury
Red Clover, See - Red Clover
Red Clover - Australia, See - Red Clover
Red Clover - Eurasia, See - Red Clover
Red Clover - Europe, See - Red Clover
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Red Clover - United States, See - Red Clover
Red Clover Blossoms, See - Red Clover
Red Cole, See - Horseradish
Red Elm, See - Slippery Elm
Red Foxglove, See - Foxglove
Red Gravel - United States, See - Gravel Root
Red Peony Root, See - Peony Root - Red
Red Pepper, See - Cayenne Pepper
Red Rasberry, See - Raspberry Leaves
Red Raspberry, See - Raspberry Leaves
Red Raspberry - Europe, See - Raspberry Leaves
Red Raspberry Leaves, See - Raspberry Leaves
Red Root, See - Ceanothus
Red Sandalwood, See - Red Sandalwood
Red Stalked Aster, See - Aster Root
Red-Crowned Crane Plant, See - Agrimony
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Rehmannia Glutinosa, See - Rehmannia
Rehmannia Glutinosa (Gaertn.) Libosch, See - Rehmannia
Rehmannia Glutinosa Libosch, See - Rehmannia
Rehmannia Glutinosa Lisbosh, See - Rehmannia
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Rejil Al Hamam - Iraq, See - Vervaine
Related Species: White Walnut, See - Walnuts
Ren Shen, See - Ginseng
Renbo - Japanese, See - Lotus Stamens
Rendi - Hindi, See - Castor Oil
Renshi - Japanese, See - Lotus Seed
Renshin - Japanese, See - Lotus Plumule
Resin Of Rose Maloes, See - Styrax
Rest Harrow - Europe, See - Ononis
Resttharrow - Europe, See - Ononis
Rezene - Turkey, See - Fennel Seed
Rhabarber - German, See - Rhubarb Root
Rhamnaceae, See - Buckthorne Bark
Rhamnaceae, See - Cascara Bark
Rhamnaceae, See - Jujube Dates
Rhamnaceae, See - Zizyphus
Rhamnaceae Family, See - Buckthorne Bark
Rhamnaceae Family, See - Cascara Bark
Rhamnaceae Family, See - Ceanothus
Rhamnaceae Family, See - Frangula
Rhamnaceae Family, See - Jujube Dates
Rhamnus Cathartica, See - Buckthorne Bark
Rhamnus Catharticus, See - Buckthorne Bark
Rhamnus Frangula, See - Buckthorne Bark
Rhamnus Frangula, See - Frangula
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Rhamnus Purshianus, See - Cascara Bark
Rheum Officinale, See - Rhubarb Root
Rheum Palatum, See - Rhubarb Root
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Rheum Palatum Var. Tanguticum, See - Rhubarb Root
Rheum Rhaponticum, See - Garden Rhubarb
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Rhizoma Acori Graminei,  See - Calamus
Rhizoma Alismatis Orientalis,  See - Water Plantain
Rhizoma Alpiniae Officinar,  See - Galangal
Rhizoma Arisaematis,  See - Jack In The Pulpit
Rhizoma Atractylodis,  See - Atractylodes
Rhizoma Cimicifugae,  See - Blue Cohosh
Rhizoma Coptidis,  See - Coptis
Rhizoma Corydalis Yanhusuo,  See - Corydalis
Rhizoma Curcumae Ezhu,  See - Zedoaria
Rhizoma Curcumae Longae,  See - Turmeric
Rhizoma Cyperi Rotundi,  See - Cyperus
Rhizoma Et Radix Ligustici,  See - Ligusticum Wallichii
Rhizoma Et Radix Veratri Nigri,  See - Hellebore American
Rhizoma Guanzhong,  See - Male Fern
Rhizoma Phragmitis,  See - Reed Grass
Rhizoma Pinelliae Ternatae,  See - Pinellia
Rhizoma Polygonati Odorati,  See - Polygonatum
Rhizoma Zingiberis Officinalis,  See - Ginger
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Rhubarb De Perse - French,  See - Rhubarb Root
Rhubarb Root,  See - Rhubarb Root
Rhubarb Root And Rhizome,  See - Rhubarb Root
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Rhynchophylla ( Miq.),  See - Gambir
Ribbed Melilot,  See - Melilot
Ribes Nigrum,  See - Black Currant
Ribes Rubrum,  See - Black Currant
Riblah - Iraq,  See - Psyllium
Ribwort,  See - Plantain
Ribwort Uk - Wales,  See - Plantain
Ribwort Plantain,  See - Plantain
Rice - California,  See - Glutinous Rice Roots
Rice - India,  See - Glutinous Rice Roots
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Rice Sprout,  See - Rice Sprouts
Rice Sprouts,  See - Rice Sprouts
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Ricinus Communis,  See - Castor Oil
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Ringormgras - Norway,  See - Sundew
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Riz - Haiti, See - Glutinous Rice Roots
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Roma-Kamiture, See - Chamomile
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Rosa Canina, See - Rose Hips
Rosa Centifolia (Cabbage Rose), See - Rose Oil
Rosa Centofoglie - Italian, See - Rose Oil
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Rosa Damascena (Damask Rose), See - Rose Oil
Rosa Del Peru - Dominican Republic, See - Oleander
Rosa Family, See - Raspberry Leaves
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Rosa Laevigata Michx, See - Japanese Honeysuckle
Rosa Sp., See - Rose Flowers And Fruit
Rosa Sp., See - Rose Hips
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Rosaceae, See - Apricot Kernel
Rosaceae, See - Hawthorne Berry
Rosaceae, See - Locquat Leaves
Rosaceae, See - Peach Seed
Rosaceae Family, See - Agrimony
Rosaceae Family, See - Apricot Kernel
Rosaceae Family, See - Blackberry
Rosaceae Family, See - Burnet Root
Rosaceae Family, See - Hawthorne Berry
Rosaceae Family, See - Japanese Honeysuckle
Rosaceae Family, See - Lady's Mantle
Rosaceae Family, See - Locquat Leaves
Rosaceae Family, See - Meadowsweet
Rosaceae Family, See - Peach Bark
Rosaceae Family, See - Peach Seed
Rosaceae Family, See - Queen Of The Meadow Oil
Rosaceae Family, See - Raspberry Leaves
Rosaceae Family, See - Rose Flowers And Fruit
Rosaceae Family, See - Rose Hips
Rosaceae Family, See - Rose Oil
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Rosaceae Family, See - Strawberry Leaves
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Rosal Silvestre - Spain, See - Rose Hips
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Rose Family, See - Agrimony
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Rose Flowers And Fruit, See - Rose Flowers And Fruit
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Rosemary - Europe, See - Rosemary Oil
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Rosemary Oil, See - Rosemary Oil
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Rosmarinus Officinalis, See - Rosemary
Rosmarinus Officinalis, See - Rosemary Oil
Rosskastanie - German, See - Horse Chestnut
Roter Sonnenhut - German, See - Echinacea
Roter Wasserhanf - German, See - Gravel Root
Rotundus L., See - Cyperus
Rou Dou Kou, See - Nutmeg
Rough Basil, See - Tulasi
Round Cardamon Fruit, See - Cardamon
Round-Leaved Wintergreen - United States, See - Pyrola
Rovere - Germany, See - Oak Bark
Rshad - Iraq, See - Watercress
Rubia - Spain, See - Madder Root
Rubia Cordifolia, See - Madder Root
Rubia Cordifolia L., See - Madder Root
Rubia Root, See - Madder Root
Rubia Tinctorum, See - Madder Root
Rubiaceae Family, See - Cat’s Claw
Rubiaceae, See - Euphorbia
Rubiaceae, See - Gambir
Rubiaceae, See - Gardenia Flowers
Rubiaceae, See - Madder Root
Rubiaceae, See - Morinda
Rubiaceae (Uncaria), See - Gambir
Rubiaceae Family, See - Chinchona
Rubiaceae Family, See - Cinchona Bark
Rubiaceae Family, See - Cleavers
Rubiaceae Family, See - Couterea
Rubiaceae Family, See - Gambir
Rubiaceae Family, See - Gardenia Flowers
Rubiaceae Family, See - Ipecac
Rubiaceae Family, See - Madder Root
Rubiaceae Family, See - Morinda
Rubiaceae Family, See - Squaw Vine
Rubiaceae Family, See - Yohimbine
Rubiae Cordifoliae, See - Madder Root
Rubiae Tinctoria, See - Madder Root
Rubis Strigosus (Wild), See - Raspberry Leaves
Rubis Idaeus (Cultivated), See - Raspberry Leaves
Rubuka - Sanskrit, See - Castor Oil
Rubus Fructicosus, See - Blackberry
Rubus Idaeus, See - Raspberry Leaves
Rubus Idaeus & R. Strigosus, See - Raspberry Leaves
Rubus Idaeus, See - Raspberry Leaves
Rubus Sp., See - Blackberry
Rubus Sp., See - Raspberry Leaves
Rubus Species, See - Blackberry
Rubus Villosus, See - Blackberry
Ruda - Spain, See - Rue
Rudbeckia, See - Echinacea
Rudbeckie Rouge - French, See - Echinacea
Rue, See - Rue
Rue - Europe, See - Rue
Rue - Mediterranean, See - Rue
Rue - Ukwales, See - Rue
Rue Fetide - France, See - Rue
Rum Cherry - United States, See - Wild Cherry Bark
Rumex Acetosella, See - Sheep Sorrel
Rumex Crispa, See - Yellow Dock
Rumex Crispus, See - Yellow Dock
Rumex Crispus, See - Yellow Dock Root
Rumi Papatya - Turkey, See - Chamomile
Rumman - Iraq, See - Pomegranate
Rupturewort, See - Rupturewort
Rurt-Zisa, See - Borage
Rusco - Spain, See - Butcher's Broom
Ruscus Aculeatus, See - Butcher's Broom
Ruscus Aculeatus L. (Liliaceae), See - Butcher's Broom
Rushes, See - Horsetail
Ruta - Norway, See - Rue
Ruta Graveolens, See - Rue
Rutaceae, See - Orange
Rutaceae, See - Prickly Ash
Rutaceae, See - Tangerine Oil
Rutaceae, See - Tangerine Peel
Rutaceae Family, See - Bergamot Oil
Rutaceae Family, See - Bilva
Rutaceae Family, See - Bitter Orange
Rutaceae Family, See - Buchu
Rutaceae Family, See - Grapefruit Oil
Rutaceae Family, See - Green Citrus
Rutaceae Family, See - Lemon Oil
Rutaceae Family, See - Lemon Peel
Rutaceae Family, See - Lime Oil
Rutaceae Family, See - Mandarin Orange
Rutaceae Family, See - Orange
Rutaceae Family, See - Orange Blossom Oil
Rutaceae Family, See - Orange Oil
Rutaceae Family, See - Prickly Ash Bark
Rutaceae Family, See - Rue
Rutaceae Family, See - Tangerine Oil
Ruz - Iraq, See - Glutinous Rice Roots
Ryuganniku - Japanese, See - Longan Berries
Ryuno - Japanese, See - Borneol Oil
Ryutan - Japanese, See - Gentian
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