

# PERFECT FOOD

A PRESENTATION BY  
STEVE BLAKE, SC.D.  
DOCTOR OF HOLISTIC HEALTH



*“Healing Medicine explains the path of preventing disease through natural health.” John Robbins, author of Diet for a New America*

**In this Slide Show, you will see:**

- ✧ Is PIZZA the perfect food?
- ✧ Is food related to health?
  
- ✧ Food for perfect digestion.
- ✧ A Zoological slide show.
- ✧ Color charts of nutrients.

TUESDAY, FEBRUARY 27TH, 8 PM  
ESTUDIO CAFE, “FREDERICO’S” NUEVO VALLARTA

## Meet The Author

Dr. Steve Blake has dedicated his life to helping people understand how easy it is to attain excellent health. He earned two doctorate degrees in natural medicine. Steve Blake has authored a dozen publications including **his just-released book, “Healing Medicine”**



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