

REJUVENATION SECRETS OF EUROPEAN SPAS

A PRESENTATION BY
DR. STEVE BLAKE, SC.D.
DOCTOR OF HOLISTIC HEALTH



A colorful journey through European Health Spas

- ❄ Rejuvenation secrets from Switzerland, Austria, Germany, and Romania.
- ❄ Discover how to use cleansing for inner beauty.
- ❄ Learn how they use hydrotherapies.
- ❄ Find out how they use sunlight and air.
- ❄ Fasting tips and rejuvenating food.

MONDAY, MAY 26TH, 6:30-8 PM

1045 PIIHOLO ROAD, MAKAWAO, HI.

PLEASE CALL TO RESERVE YOUR SEAT.

\$20 AT THE DOOR, 572-8371.

Dr. Steve Blake has dedicated his life to helping people understand how easy it is to attain excellent health. He empowers people to learn natural medicine and prevent disease. Dr. Blake has earned doctorates in holistic health and in naturopathic medicine. He has new software to analyze your nutrition called the *Diet Doctor*.



He pioneered the computerization of knowledge on natural remedies from around the world, now released as *GlobalHerb Professional 2007*. Steve Blake has authored twenty-two major publications including *Healing Medicine*. He has just completed a textbook called *Vitamins and Minerals Demystified* for McGraw-Hill.

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